

Security Briefs Episode 17

Risk Myth Busters Part 6

In this episode, we're continuing to talk about the "risk myths" from Anna Hampton's book, *Facing Danger* (2nd Edition).

Today, we'll discuss three myths related to our understanding of spirituality and freedom.

Risk Myths

Risk Myth #10

Freedom means security.

This myth, rooted in a risk-averse, pro-freedom cultural mindset, assumes that greater freedom leads to less risk. However, Hebrews 11 and 12 show that faith and risk are not tied to freedom.

The truth is that feeling "free" can coincide with great danger, while feeling constrained may involve little actual risk.

Security isn't a feeling but stems from understanding who God is and our relationship with Him.

True freedom comes from trusting God, not from external circumstances.

Risk Myth #11

Risking is spiritual service. All this practical assessment is unnecessary.

This myth assumes that practical preparation undermines spirituality. In reality, serving God in risk requires both spiritual and practical readiness.

God calls us to integrate practical care—like rest, exercise, and diet—with spiritual disciplines such as prayer and abiding in His presence. Both spiritual preparation and wise practical assessment are essential for faithfully navigating risk.

Faithfulness is living an integrated life, honoring God in both the spiritual and practical aspects of service.

Risk Myth #12

Risk Assessment is unspiritual.

This myth claims that assessing and mitigating risk shows a lack of faith. However, scripture calls us to combine trust in God with wisdom and discernment.

Jesus taught us to be "wise as snakes and harmless as doves" (Matt 10:16) when facing challenges, like sheep among wolves. Risk assessment helps us to do this and better discern God's calling and respond faithfully in risky situations.

Faith and preparation work together, enabling us to navigate risks with wisdom and trust in God.

Now you know.

Next episode, we will continue our conversation about risk myths.